

# January 2025 - AL / IL Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>New Year's Day</b> 1	10:30 Exercise Class 2 1:00 TRYathlon Practice 2:00 Lifelong Learning Event: National Memorials of DC 3:00 Bingo (quarter)	10:30 Exercise Class 3 2:30 Live Music: Jerry Jacobson	
9:00 Spiritual Hour 5 10:30 T.V. Mass 2:00 Woodland Baptist Church Visits 6:00 Lawrence Welk (Ch. 13)	10:30 Exercise Class 6 1:00 Tryathlon Practice (Walk) 5:30 Chaplain Kevin Visits	9:15 Bookmobile Visits 7 10:30 Exercise Class 1:00 TRYathlon Practice (Walk) 2:30 Bingo	9:25 Shopping (Weather Permitting) 8 10:00 OLV Mass 10:30 Exercise Class 11:00 Service Food Delivers 12:00 Resident Council Meets 1:00 Trinity Lutheran Church Visits 1:00 TRYathlon Practice (Cranks) 2:00 TRYathlon Meeting with Dr. Bill 5:30 Bible Study	<b>SHIRLEY P. AND TOBY K. BIRTHDAYS</b> 9 10:30 Exercise Class (Bike/Crank) 1:00 TRYathlon Practice (Cranks) 2:30 Bingo	10:30 Exercise Class 10 1:00 Recap of 2024 Awards Show 2:30 Live Music: Steve W.	2:00 Lion's Led Bingo (fifty cents) 11
<b>JANICE A. BIRTHDAY</b> 12 9:00 Spiritual Hour 10:30 T.V. Mass 6:00 Lawrence Welk (Ch. 13)	10:30 Exercise Class 13 1:00 Tryathlon Practice (Walk)	10:00 OLV Church Visits 14 10:30 Exercise Class 1:00 TRYathlon Competition (Walk/Whizzer) 2:30 Bingo	9:25 Shopping (Weather Permitting) 15 10:30 Exercise Class 11:00 Service Food Delivers 1:00 TRYathlon Practice (Cranks) 5:30 Bible Study	10:30 Exercise Class (Bike/Crank) 16 1:00 Bethlehem Church Visits 1:00 TRYathlon Competition (Cranks) 2:30 Bingo	10:30 Exercise Class 17 1:00 TRYathlon Recap (Dr. Bill) 2:30 Bingo (Prize)	
9:00 Spiritual Hour 19 10:30 T.V. Mass 6:00 Lawrence Welk (Ch. 13)	<b>Martin Luther King Jr. Day</b> 20 10:30 Exercise Class 1:00 Tryathlon Practice (Walk) 5:30 Chaplain Kevin Visits	9:15 Bookmobile Visits 21 10:00 OLV Church Visits 10:30 Exercise Class 1:00 TRYathlon Competition (Walk/Whizzer) 2:30 Bingo	9:25 Shopping (Weather Permitting) 22 10:30 Exercise Class 11:00 Service Food Delivers 1:00 TRYathlon Practice (Cranks) 5:30 Bible Study	<b>JOHN K. BIRTHDAY</b> 23 10:30 Exercise Class (Bike/Crank) 1:00 TRYathlon Competition (Cranks) 2:30 Bingo	10:30 Exercise Class 24 1:00 TRYathlon Recap (Dr. Bill) 2:30 Accordion Music: Marge H.	
9:00 Spiritual Hour 26 10:30 T.V. Mass 6:00 Lawrence Welk (Ch. 13)	10:30 Exercise Class 27 1:00 Tryathlon Practice (Walk)	10:00 OLV Church Visits 28 10:30 Exercise Class 1:00 TRYathlon Competition (Walk/Whizzer) 2:30 Bingo	10:30 Exercise Class 29 11:00 Service Food Delivers 1:00 TRYathlon Practice (Cranks) 5:30 Bible Study	10:30 Exercise Class (Bike/Crank) 30 1:00 TRYathlon Competition (Cranks) 2:30 Bingo	10:30 Exercise Class 31 1:00 TRYathlon Recap (Dr. Bill) 2:30 TBD	